Scientific Name: *Tithonia diversifolia*

Family: *Asteraceae*

Common Names: Mexican sunflower, Tithonia, Marigold tree

**Plant Description**

Tithonia is a tropical shrub rich in protein, valuable for feeding ruminants and rabbits. (Heuzé et al. 2016). It is a woody herb or succulent shrub, stoloniferous, annual or perennial, that can reach a height of 2 to 3 m. Mexican sunflower is a fast-growing plant that tolerates heat and drought and can rapidly form large herbaceous shrubs (CABI, 2014). It is adaptable to most soils and could be found growing at roadsides in Trinidad.

**Roots:** It has a taproot with many fine secondary roots (Mwango et al. 2014).

**Leaves:** Alternate or opposite, sub-ovate, densely pubescent, 5-17 cm long x 3.5-12 cm broad.

**Flowers:** Each mature stem may bear several large yellow flowers, up to 12 cm in diameter.

**Forage Management:**

Tithonia can be harvested approximately 3 months after transplanting. It tolerates regular heavy pruning (Sosef et al., 1997). Post-flowering cuttings result in higher yields than pre-flowering cuttings. In Côte d’Ivoire, annual biomass yields of 60 t/ha have been obtained at cutting intervals of 4 months (Sosef et al. 1997).

**Propagation and Cultivation**

Mexican sunflower can be easily propagated by direct seeding or by planting cuttings.

**Sowing:** Seeds can be sown directly or in containers.

**Cuttings:** Should be 20-30 cm long cuttings from green stems and cut at a 45 degree angle at both ends.

**Transplanting:** Seeds and cuttings can be planted at a spacing of 0.5-0.75 m x 0.75 m (Orwa et al. 2009).

**Fertilisation:** Organic fertilisers (Manure) can be applied pre-planting and biannually.
### Nutrient content of Tithonia leaves, fresh

<table>
<thead>
<tr>
<th>Analysis</th>
<th>Unit</th>
<th>Avg</th>
<th>Min</th>
<th>Max</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dry matter</td>
<td>% as fed</td>
<td>19.8</td>
<td>1.5</td>
<td>29.5</td>
</tr>
<tr>
<td>Crude protein</td>
<td>% DM</td>
<td>21.2</td>
<td>11.7</td>
<td>27.5</td>
</tr>
<tr>
<td>Crude fibre</td>
<td>% DM</td>
<td>20.2</td>
<td>12.0</td>
<td>33.5</td>
</tr>
<tr>
<td>Ether extract</td>
<td>% DM</td>
<td>2.7</td>
<td>1.9</td>
<td>5.2</td>
</tr>
<tr>
<td>Ash</td>
<td>% DM</td>
<td>12.2</td>
<td>9.7</td>
<td>14.1</td>
</tr>
<tr>
<td>Gross energy</td>
<td>MJ/kg DM</td>
<td>17.7</td>
<td>na</td>
<td>na</td>
</tr>
</tbody>
</table>

Table taken from [http://www.feedipedia.org/node/15645](http://www.feedipedia.org/node/15645)

### Feeding Tithonia to Small Ruminants

Mexican sunflower foliage is a valuable fodder for ruminants, due to its high protein content and relatively high digestibility and degradability.

- A normal standard for feeding recently weaned small ruminants is to feed a 4% of the body weight of the animal on a dry matter basis example:
- According to the table above the average dry matter of Tithonia is 19.8% which means that 100 lb of fresh Tithonia contains approximately 19.8 lb of dry matter and 80.2 lb of water.
- A 100 lb animal would require 4 lb DM and Tithonia should comprise up to 30% of the daily intake therefore 30% of 4 lb is 1.2 lb DM.
- To provide 1.2 lb DM of Tithonia you would require 100/19.8*1.2= 6.06 lb of wet Tithonia leaves to be fed.

Mature animals should be fed 2.5% body weight on a dry matter basis.

### References


Please contact the TTGSS at email: ttgss@gmail.com or 789-8765 and IICA at email: iica.tt@iica.int 645-4555 / 645-5020 / 645-8886 for further details.